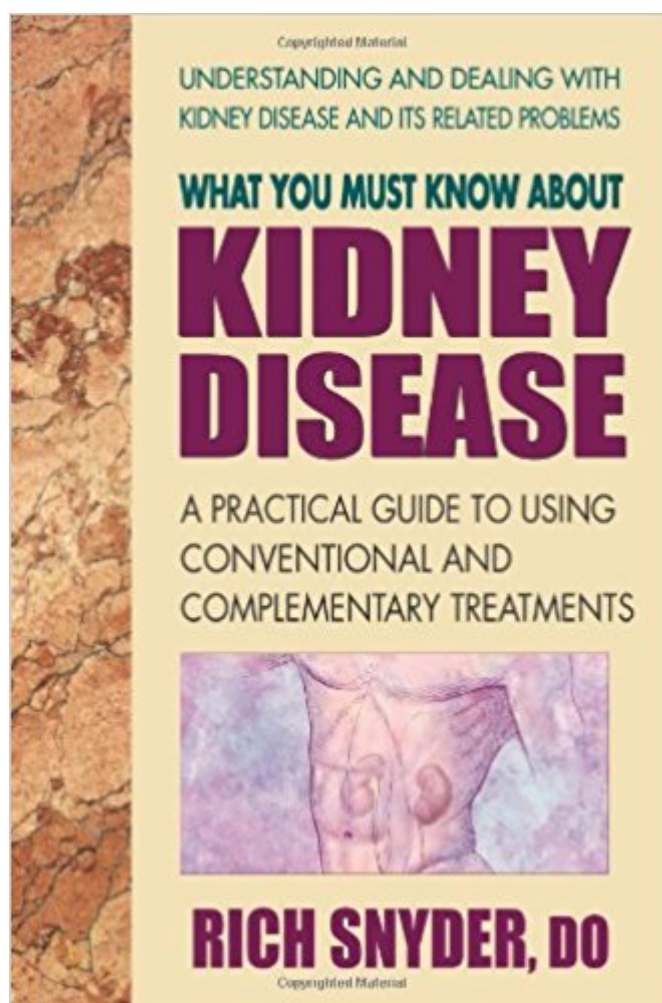


The book was found

What You Must Know About Kidney Disease: A Practical Guide To Using Conventional And Complementary Treatments



Synopsis

While the news that you or a loved one has kidney disease can be shocking, for over 26 million Americans, it is a reality. After the initial diagnosis, patients and families usually have a myriad of questions about treatment options. *What You Must Know About Kidney Disease* is designed not only to answer these questions, but also to provide the up-to-date information you need to cope with this potentially devastating problem. The book is divided into three parts. Part One provides an overview of the kidneys' structure and function, as well as common kidney disorders. It also guides you in asking your doctor questions that will help you better understand both status and prognosis. Part Two examines kidney problems and their conventional treatments. Part Three provides an in-depth look at the most effective complementary treatments, from lifestyle changes to alternative healing methods. The diagnosis of kidney disease is the first step of an unexpected journey. *What You Must Know About Kidney Disease* will help you understand the challenges ahead and choose the very best treatments available.

Book Information

Paperback: 272 pages

Publisher: Square One; 1 edition (August 25, 2010)

Language: English

ISBN-10: 0757003265

ISBN-13: 978-0757003264

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 58 customer reviews

Best Sellers Rank: #324,247 in Books (See Top 100 in Books) #25 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > High Blood Pressure #36 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs #5594 in Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

"An arsenal of health-promoting weapons is at your disposal." Explaining these weapons in layman's terms makes *What You Must Know About Kidney Disease* valuable for the newly diagnosed kidney patient." --Lisa James--*Energy Times*

"An arsenal of health-promoting weapons is at your disposal." Explaining these weapons in layman's terms makes *What You Must Know About Kidney Disease* valuable for the newly diagnosed kidney patient." --Lisa James

Rich Snyder, DO, holds a medical degree from the Philadelphia College of Osteopathic Medicine. He completed his residency in Internal Medicine at Abington Memorial Hospital and his Nephrology Fellowship at the Hospital of the University of Pennsylvania. He is board certified in both Internal Medicine and Nephrology. Dr. Snyder is a contributing member of the American Osteopathic Association, the American College of Osteopathic Internists, the Renal Physicians Association, and several other medical organizations. He is also the author or co-author of numerous articles in peer-reviewed journals and is the best-selling author of *What You Must Know About Kidney Disease*. In addition to being a popular speaker, Dr. Snyder has appeared on numerous radio and television shows throughout North America. Currently, Dr. Snyder maintains a full-time clinical nephrology practice in Easton, Pennsylvania.

Even though I own a health food store and my family always tried to be "healthy", my daughter came down with glomerulonephritis when starting high school. After ICU and biopsy, no one could come up with a cause. After she started dialysis, I googled day and night. My wife and I decided to take out her dental braces and remove the gluten and cow casein from the diet. As far as supplements, she got off the one a day children's chewable and started taking about 25 capsules daily. Shortly afterwards, her doctor took her off dialysis and removed her catheter. He likened her recovery to a miracle. When I read Dr. Snyder's book and on page 68 he listed gluten, cow's milk and food allergies as inflammatory triggers of glomerulonephritis, I was quite happy to find a nephrologist that agreed with my daughter's homemade treatment. I read his entire book twice and will probably read it again. There are so many things beneficial to the kidney that anyone can do themselves. I am always looking for more ideas as my daughter still has some proteinuria and is still on alternate day prednisone. If anyone wants to see the details of her case look at [...] or to contact me send an email to healthfood@comcast.net - Brian Flanagan.

Not long ago, I started seeing Dr. Snyder as a patient. I have found him to be extremely knowledgeable, open-minded, and totally committed to effectively treating his patient by whatever means works. Upon learning that Dr. Snyder had recently written a book, *"What You Must Know About Kidney Disease"*, I was very anxious to read it. The book is written for the patient (in lay terms). After reading the book, I came to the conclusion that Dr. Snyder is, not only a gifted physician, but a gifted writer. He has the ability to make the complicated very understandable, in a way that does not talk down to his reader. His style is such that, in addition to being easily

understood, one is easily able to retain much of what one is reading. It reads so well that it is difficult to put down. This book will be enjoyed by a wide variety of readers having many different needs and interests.

Dr. Snyder has written a highly readable, and a highly informative book about kidney disease. He writes it in layman terms so that it is easy to understand. I like that he offers alternative treatments well as the established medicinal treatments. My daughter has been cured of her kidney disease using the alternative approach to healing. I would HIGHLY recommend this book for anyone seeking to understand about kidney disease and the varied approaches to curing it.

A little too general in the info offered but it does offer a lot of info. Maybe that is the problem.

No hidden agendas. It is well organized and the index works well. Information about CKD status and progress was really revelatory to me. I have the NKF book "LIVING WELL WITH KIDNEY DISEASE". It's bland and copyrighted in 2007. One would think that an organization dedicated to a disease would be current. Don't get me started on the incompetent management of the NKF. I spent my 40 year working career working with physicians in all specialties on a national basis. Doctors of Osteopathy always struck me as practical, self-effacing, knowledge seeking, patient caring healthcare providers. More so than the more common and "illustrious" MDs. IMHO.

An excellent book for those with Kidney disease, written by an Osteopath who is a board certified nephrologist (kidney dr). A good companion to Dr. Wlaser's "Coping with Kidney Disease". Both write in a very clear style and present a lot of good information.

good

This book goes with the Dialysis book that I got that Rich Snyder wrote - they are both WONDERFUL informative books - well written, very helpful - easy to read and easy to understand - they have none of the "BIG MEDICAL TEMRS" that throw the common layman.

[Download to continue reading...](#)

Kidney Disease: for beginners - What You Need to Know About Chronic Kidney Disease: Diet, Treatment, Prevention, and Detection (Chronic Kidney Disease - Kidney Stones - Kidney Disease 101) What You Must Know About Kidney Disease: A Practical Guide to Using Conventional and

Complementary Treatments Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series) Chronic Kidney Disease: The Essential Guide To CKD - Learn Everything You Need To Know About Chronic Kidney Disease (Chronic Kidney Disease, Kidney Stones, CKD) Kidney Diet Cookbook for Two: 68 Simple & Delicious Kidney-Friendly Recipes For Two (The Kidney Diet & Kidney Disease Cookbook Series) Kidney Disease: The Simple, Safe, Effective, And Fast Kidney Disease Treatments That They Don't Want You To Know About! The Kidney Disease Cookbook: Delicious Kidney-Friendly Recipes to Help Manage Your Kidney Disease The Kidney Health and Renal Diet Cookbook for Beginners: 50 Hand Picked Meals for Patients With Kidney Disease (Andrea Silver Kidney Health) (Volume 1) Kidney Disease Solved!: The Truth About Kidney Disease And How You Can Treat It Quickly With Scientifically-Proven Natural Remedies! Chronic Kidney Disease, Dialysis, and Transplantation: A Companion to Brenner and Rector's The Kidney - Expert Consult: Online and Print, 3e (Pereira, ... Disease, Dialysis, and Transplantation) Kidney Disease Cookbook: 85 Healthy & Homemade Recipes for People with Chronic Kidney Disease (CKD) The Doctor's Kidney Diets: A Nutritional Guide to Managing and Slowing the Progression of Chronic Kidney Disease PKD Diet The Kidney: A Guide to Polycystic Kidney Health Through Diet (Polycystic Organ Disease Diet) Renal Diet Cookbook: Free Yourself from Kidney Disease and Kidney Stones with Low Sodium and Low Potassium Recipes for Healthy Kidneys (photos + nutritional information of every recipe!) Healing Lyme Disease Coinfections: Complementary and Holistic Treatments for Bartonella and Mycoplasma The Complete Renal Diet Cookbook: 150 Delicious Renal Diet Recipes To Keep Your Kidney's Healthy (The Renal Diet & Kidney Disease Cookbook Series) Smart Medicine for Healthier Living : Practical A-Z Reference to Natural and Conventional Treatments for Adults Fundamentals of Complementary and Alternative Medicine, 5e (Fundamentals of Complementary and Integrative Medicine) US Army Technical Manual, DESTRUCTION OF CONVENTIONAL AMMUNITION AND IMPROVED CONVENTIONAL MUNITIONS (ICM) TO PREVENT ENEMY USE, TM 43-0002-33, 1993 Natural Dandruff Treatments~Natural Non-Chemical Treatments for Dandruff Psoriasis and Seborrheic Dermatitis~ Dealing with the "Root" of the Problem~ Do You Really Want to Know?

[Contact Us](#)

[DMCA](#)

[Privacy](#)

